



March 3, 2014

Inca One Processes 172.36 Ounces of Gold and 78.58 Ounces Silver from Latest Carbon Harvest at Chala Plant

Vancouver, B.C., March 3, 2014 – INCA ONE RESOURCES CORP. (TSX-V: IO) ("Inca One" or the "Company") is pleased to announce the recovery of 172.36 ounces of gold and 78.58 ounces of silver from the latest harvest of activated carbon at the Company's Chala gold milling facility located in Chala, Peru, during the period between December 6, 2013 and February 7, 2014.

The harvest was obtained from the Chala plant as it continued the test milling phase and processed 365 tonnes of mill feed grading an average of 18.17 grams per tonne gold. The harvest represents a partial harvest of the recoverable gold, as some of the gold remains in solution in the milling circuits, with a total production from this harvest of 5,361.094 grams of gold (172.36 ounces of gold) and 2444.107 grams silver (78.58 ounces of silver) was achieved.

The Company continues to source high grade gold mill feed from legally recognized artisanal and small scale miners. Meanwhile, the Company is working to increase the milling capacity to 50 TPD (see news release dated February 7, 2014).

Edward Kelly, President& CEO of Inca One states, "We are focused on sourcing more mill feed to maximize our daily throughput and increase production. During this test milling phase, we are realizing positive margins on our gold milling facility, and are committed to growing our business in calendar 2014."

About Inca One Resources Corp

Inca One is a Canadian-based mineral resource company and ore processing company with a gold milling facility in Peru, servicing government-permitted small-scale miners. A highly mineral-rich country, Peru is one of the world's top producers of gold, silver, copper and zinc, with substantial production coming from small scale miners who need government permitted milling facilities to process their ore (such as the Company's Chala plant).

On behalf of the Board,

INCA ONE RESOURCES CORP.

Edward Kelly President& CEO

INCA ONE RESOURCES CORP 1125 - 595 Howe Street, Vancouver, British Columbia, Canada V6C 2T5 Tel: 1 604 568 4877Fax: 1 604 569 1604 ir@incaone.com www.incaone.com



For More Information Contact: KIN Communications io@kincommunications.com 1-866-684-6730 1-604-684-6730 www.kincommunications.com

NEITHER THE TSX VENTURE EXCHANGE NOR ITS REGULATION SERVICES PROVIDER (AS THAT TERM IS DEFINED IN THE POLICIES OF THE TSX VENTURE EXCHANGE) ACCEPTS RESPONSIBILITY FOR THE ADEQUACY OR ACCURACY OF THIS NEWS RELEASE.

Statements regarding the Company which are not historical facts are "forward-looking statements" that involve risks and uncertainties. Such information can generally be identified by the use of forwarding-looking wording such as "may", "expect", "estimate", "anticipate", "intend", "believe" and "continue" or the negative thereof or similar variations. Since forward-looking statements address future events and conditions, by their very nature, they involve inherent risks and uncertainties. Actual results in each case could differ materially from those currently anticipated in such statements due to factors such as: (i) fluctuation of mineral prices; (ii) a change in market conditions; and (iii) the fact that the Company has limited operating experience with its Chala plant and future operational results may not be accurately predicted based on this limited information to date. Except as required by law, the Company does not intend to update any changes to such statements.

This news release deals only with the Company's Chala plant, which is an industrial project. This presentation does not deal at all with the Company's sole mineral exploration property, the Corizona property. Investors should note that no resource has been established on the Corizona property and all of the material currently being processed at the Chala plant is received from local small scale mining operations.